

Bib	First Name	Last Name	Gender	Age group	Run	Bike	Ski	Finish	PLACE
<b>Individual Female</b>									
54	Heather	Edic	Female	30-34	0:25:30	0:44:08	0:18:28	1:28:06	1 National Champion
76	Holly	Brooks	Female	35-39	0:26:55	0:48:08	0:18:24	1:33:27	2
62	Christina	Turman	Female	30-34	0:28:06	0:50:17	0:18:36	1:36:59	3
53	Kinsey	Loan	Female	25-29	0:29:55	0:46:14	0:22:19	1:38:28	4
70	Jessica	Vetsch	Female	35-39	0:30:56	0:48:00	0:21:14	1:40:10	5
65	Katelyn	Stearns	Female	30-34	0:27:39	0:50:25	0:23:58	1:42:02	6
77	Kristina	Eaton	Female	35-39	0:30:02	0:53:31	0:23:40	1:47:13	7
79	Katie	Bell	Female	35-39	0:32:21	0:50:54	0:24:29	1:47:44	8
66	Susie	Rivard	Female	30-34	0:26:54	0:55:06	0:26:34	1:48:34	9
75	Briana	Lowen	Female	35-39	0:30:54	0:56:11	0:22:02	1:49:07	10
158	Amber	Stull	Female	40-44	0:30:36	0:51:24	0:27:09	1:49:09	11
52	Kylie	Judd	Female	20-24	0:27:34	0:59:33	0:23:34	1:50:41	12
174	Sheryl	Loan	Female	60-64	0:31:53	0:54:13	0:25:28	1:51:34	13
57	Cecelia	Nocas	Female	30-34	0:33:38	0:54:05	0:24:21	1:52:04	14
67	Heather	Helzer	Female	35-39	0:30:30	0:57:50	0:24:01	1:52:21	15
63	Kelcie	Ralph	Female	30-34	0:30:43	0:55:50	0:28:20	1:54:53	16
78	Morgan	Aldridge	Female	35-39	0:36:16	0:54:02	0:24:44	1:55:02	17
164	Kimberly	Riggs	Female	45-49	0:32:37	0:56:00	0:26:41	1:55:18	18
154	Lia	Slemons	Female	40-44	0:29:25	1:06:22	0:21:18	1:57:05	19
163	Annie	Feidt	Female	45-49	0:35:37	0:57:10	0:24:30	1:57:17	20
74	Kristina	Storlie	Female	35-39	0:33:53	0:54:32	0:29:28	1:57:53	21
56	Kate	Rose	Female	30-34	0:36:19	0:59:06	0:22:44	1:58:09	22
60	Katherine	Sind	Female	30-34	0:33:45	0:57:10	0:28:10	1:59:05	23
157	calisa	kastning	Female	40-44	0:33:08	1:02:32	0:23:33	1:59:13	24
172	Corrie	Smith	Female	40-44	0:38:20	0:52:24	0:28:36	1:59:20	25
166	Allison	Melocik	Female	45-49	0:32:59	0:59:44	0:26:50	1:59:33	26
159	Rebecca	Noblin	Female	45-49	0:40:06	0:55:15	0:24:33	1:59:54	27
151	Kalyan	Westley	Female	40-44	0:35:34	0:57:26	0:30:21	2:03:21	28
59	Elizabeth	Allgood	Female	30-34	0:32:36	1:00:49	0:30:30	2:03:55	29
161	Lyra	Bochenek	Female	45-49	0:36:19	1:03:00	0:24:40	2:03:59	30
173	Pamela	Todd	Female	55-59	0:38:05	1:01:30	0:27:51	2:07:26	31
155	Carolyn	Stratton	Female	40-44	0:36:50	1:02:44	0:27:55	2:07:29	32
72	Rhianne	Christopherson	Female	35-39	0:36:37	1:04:03	0:28:18	2:08:58	33
168	Wendy	Hansen	Female	50-54	0:38:00	1:00:24	0:32:00	2:10:24	34
152	Nicole	Knox	Female	40-44	0:40:05	1:03:27	0:30:57	2:14:29	35
69	Shoshannah	Kinsler	Female	35-39	0:35:20	1:08:02	0:31:16	2:14:38	36
167	Erika	Bennett	Female	50-54	0:38:25	1:08:04	0:30:14	2:16:43	37
68	Trisha	Gibbons	Female	35-39	0:35:44	0:59:38	0:41:33	2:16:55	38
162	Jody	Oyen	Female	40-44	0:37:44	1:13:09	0:28:09	2:19:02	39
171	Rose	Garner	Female	50-54	0:40:12	0:59:39	0:40:56	2:20:47	40
160	Janel	Day	Female	45-49	0:36:23	1:18:19	0:38:48	2:33:30	41
64	Kaitlin	Mattos	Female	30-34	0:42:30	1:03:00	0:49:47	2:35:17	42
61	Christy	Campbell	Female	30-34	0:42:04	1:21:17	0:45:56	2:49:17	43
55	Holly	Payne	Female	30-34	0:42:04	1:21:19	0:45:55	2:49:18	44
175	Sheri	Schrock	Female	65-69	1:03:42	1:15:56	0:30:48	2:50:26	45

Bib	First Name	Last Name	Gender	Age group	Run	Bike	Ski	Finish	PLACE
165	Jodi	Harskamp	Female	45-49	0:41:06	1:23:35	0:56:29	3:01:10	46
156	Rachel	Stone	Female	40-44	0:53:34	2:15:30	0:30:12	3:39:16	47
71	Elizabeth	Van Patten	Female	35-39	1:03:31	1:54:24	1:00:09	3:58:04	48
169	Jinny	Cooper	Female	50-54	0:48:09	1:46:57	1:27:02	4:02:08	49
58	Ashley	Henderson	Female	30-34	1:03:41	2:19:32	1:05:41	4:28:54	50

Individual Male									
7	Lars	Arneson	Male	30-34	0:22:04	0:41:44	0:17:07	1:20:55	1 National Champion
16	Brent	Lowen	Male	35-39	0:25:13	0:39:48	0:16:29	1:21:30	2
15	Eric	Flanders	Male	35-39	0:25:20	0:39:44	0:18:25	1:23:29	3
5	Corbyn	Jahn	Male	30-34	0:23:44	0:41:37	0:19:25	1:24:46	4
29	Matthew	Novakovich	Male	45-49	0:24:29	0:44:46	0:17:14	1:26:29	5
4	Taylor	Turney	Male	25-29	0:23:51	0:47:20	0:18:32	1:29:43	6
24	Todd	Jackson	Male	45-49	0:25:53	0:44:18	0:20:24	1:30:35	7
18	Mackie	Derrick	Male	35-39	0:27:55	0:45:09	0:19:08	1:32:12	8
25	Brad	Manderfeld	Male	45-49	0:28:42	0:43:35	0:20:37	1:32:54	9
22	Lawrence	Herold	Male	40-44	0:26:11	0:48:13	0:22:59	1:37:23	10
103	Troy	Fritzel	Male	50-54	0:28:14	0:50:24	0:19:44	1:38:22	11
108	Christian	Otto	Male	50-54	0:29:56	0:49:56	0:21:38	1:41:30	12
112	Joey	Austerman	Male	55-59	0:31:23	0:48:48	0:21:37	1:41:48	13
8	Zac	Cole	Male	30-34	0:31:10	0:50:26	0:24:36	1:46:12	14
21	Mick	Bakker	Male	40-44	0:29:38	0:54:54	0:23:10	1:47:42	15
10	Morgan	Jones	Male	30-34	0:30:52	0:56:32	0:20:35	1:47:59	16
27	Brandon	Ruckel	Male	45-49	0:31:44	0:53:32	0:23:25	1:48:41	17
111	Todd	Parrish	Male	55-59	0:34:55	0:54:32	0:24:39	1:54:06	18
20	Dan	Miotke	Male	40-44	0:32:25	0:58:15	0:24:45	1:55:25	19
28	Jeremiah	Eldridge	Male	45-49	0:35:08	0:51:48	0:31:47	1:58:43	20
110	Stan	Bennion	Male	50-54	0:35:53	0:55:51	0:27:37	1:59:21	21
109	Michael	Michener	Male	50-54	0:29:11	1:02:09	0:33:10	2:04:30	22
106	Marcel	Derosier	Male	50-54	0:32:12	1:05:50	0:26:29	2:04:31	23
104	Steve	Noble	Male	50-54	0:35:52	1:02:03	0:28:59	2:06:54	24
9	Rhyss	Vivian	Male	30-34	0:31:39	1:04:36	0:31:58	2:08:13	25
14	Matthew	Rombach	Male	35-39	0:36:13	0:51:32	0:42:07	2:09:52	26
30	Will	Taygan	Male	45-49	0:39:30	1:01:33	0:31:54	2:12:57	27
114	John	Hansen	Male	60-64	0:43:39	1:00:25	0:31:25	2:15:29	28
11	Javier	Cifuentes	Male	30-34	0:36:19	1:11:47	0:29:21	2:17:27	29
2	William	Head	Male	20-24	0:30:34	1:02:49	0:44:21	2:17:44	30
31	Jeffrey	Bidinger	Male	45-49	0:32:06	1:02:29	0:43:43	2:18:18	31
101	Jon	Iannaccone	Male	50-54	0:33:10	1:08:52	0:36:47	2:18:49	32
113	Hans	Arnett	Male	60-64	0:42:11	1:10:05	0:29:36	2:21:52	33
23	Andrew	Edstrom	Male	40-44	0:36:41	1:04:02	0:46:37	2:27:20	34
102	Dean	Denter	Male	50-54	0:34:23	1:12:57	0:41:13	2:28:33	35
105	Sean	Wisner	Male	50-54	0:41:17	1:10:34	0:41:17	2:33:08	36
115	John	Bennett	Male	65-69	0:47:21	1:06:37	0:43:29	2:37:27	37
12	Hang Kei Simon	Wong	Male	35-39	0:36:36	1:23:32	0:40:29	2:40:37	38

**Tri-Flake Winter Triathlon**  
**Overall Results – Individuals**

Bib	First Name	Last Name	Gender	Age group	Run	Bike	Ski	Finish	PLACE
3	William	Naworski	Male	25-29	0:33:14	1:19:10	0:49:03	2:41:27	39
19	Brandon	Tokar	Male	40-44	0:35:46	1:18:06	0:47:52	2:41:44	40
116	John	Pierce	Male	70 +	0:45:18	1:25:48	0:46:28	2:57:34	41
107	Jonathan	Woodman	Male	50-54	1:00:11	DNF	DNF	DNF	DNF