

Tri-Flake Winter Triathlon
January 18, 2020

Bib	First Name	Last Name	Gender	Age group	Run	Bike	Ski	Finish	PLACE
Individual Male									
165	Brent	Lowen	Male	35-39	0:23:15	0:45:20	0:18:48	1:27:23	1
174	Jean	Paquet	Male	55-59	0:23:24	0:46:08	0:18:26	1:27:58	2
162	Jacob	Kirk	Male	25-29	0:22:05	0:53:11	0:21:30	1:36:46	3
178	Matias	Saari	Male	50-54	0:24:01	0:53:07	0:22:39	1:39:47	4
167	Brad	Manderfeld	Male	40-44	0:26:35	0:50:53	0:22:55	1:40:23	5
175	Rod	Raymond	Male	55-59	0:29:10	0:55:58	0:25:55	1:51:03	6
138	Mick	Bakker	Male	40-44	0:26:46	1:01:54	0:27:23	1:56:03	7
173	Jason	Moore	Male	40-44	0:28:54	1:06:46	0:39:54	2:15:34	8
158	Jason	Iverson	Male	30-34	0:30:05	1:16:57	0:28:53	2:15:55	9
153	Joel	Cladouhos	Male	40-44	0:31:25	1:28:48	0:29:52	2:30:05	10
183	Rhyss	Vivian	Male	30-34	0:31:57	1:15:04	0:50:00	2:37:01	11
155	Todd	Erickson	Male	50-54	0:39:41	1:11:37	0:48:57	2:40:15	12
161	Joseph	Kach	Male	50-54	0:35:51	1:15:10	0:52:21	2:43:22	13
177	Brandon	Ruckel	Male	45-49	0:29:08	1:04:01	DNF	DNF	DNF

Individual Female									
137	Stephanie	Arnold	Female	25-29	0:26:53	0:52:42	0:20:23	1:39:58	1
172	Sara	Miller	Female	40-44	0:29:31	1:06:56	0:27:31	2:03:58	2
166	Briana	Lowen	Female	35-39	0:28:20	1:09:31	0:28:44	2:06:35	3
181	Amber	Stull	Female	40-44	0:29:32	1:01:29	0:37:42	2:08:43	4
168	Kaitlin	Mattos	Female	30-34	0:36:35	1:08:40	0:54:23	2:39:38	5
164	Danielle	Lesko	Female	45-49	0:35:43	1:15:17	0:52:14	2:43:14	6
179	Marcia	Sorensen	Female	35-39	0:36:21	1:36:38	1:00:04	3:13:03	7
180	Lindsay	St Louis	Female	40-44	0:36:22	1:36:40	1:00:27	3:13:29	8
154	Danielle	Edwards	Female	25-29	0:45:30	2:12:23	0:58:25	3:56:18	9
169	Margaret	McDonagh	Female	45-49	0:51:27	1:09:33	DNF	DNF	DNF
182	Bridget	Thompson	Female	30-34	0:45:34	2:12:19	DNF	DNF	DNF

Bib	First Name	Last Name	Team Name	Leg	Run	Bike	Ski	Finish	PLACE
Teams Female									
234	Lia	Slemons	Flake News	Runner	0:25:55	0:58:11	0:26:14	1:50:20	1
234	Rebecca	Noblin	Flake News	Biker	0:25:55	0:58:11	0:26:14	1:50:20	1
234	Heidi	Zimmer	Flake News	Skier	0:25:55	0:58:11	0:26:14	1:50:20	1
238	Christi	Meyn	The Femgineers	Runner	0:35:16	0:54:29	0:29:44	1:59:29	2
238	Kelly	Yanoshek	The Femgineers	Biker	0:35:16	0:54:29	0:29:44	1:59:29	2
238	Marliese	von Huene	The Femgineers	Skier	0:35:16	0:54:29	0:29:44	1:59:29	2
236	Rose	Gamer	Runners' Edge	Runner	0:33:46	1:12:03	0:28:05	2:13:54	3
236	April	Erickson	Runners' Edge	Biker	0:33:46	1:12:03	0:28:05	2:13:54	3
236	Zuzana	Rogers	Runners' Edge	Skier	0:33:46	1:12:03	0:28:05	2:13:54	3

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Teams Male									
233	Kenneth	Brewer	Chain Reaction	Runner	0:21:02	0:44:18	0:21:34	1:26:54	1
233	James	Stull	Chain Reaction	Biker	0:21:02	0:44:18	0:21:34	1:26:54	1
233	Kyle	Carpenter	Chain Reaction	Skier	0:21:02	0:44:18	0:21:34	1:26:54	1
237	Todd	Jackson	Snow Tortoises	Runner	0:25:24	0:43:59	0:21:29	1:30:52	2
237	Zac	Cole	Snow Tortoises	Biker	0:25:24	0:43:59	0:21:29	1:30:52	2
237	Trent	Fritzel	Snow Tortoises	Skier	0:25:24	0:43:59	0:21:29	1:30:52	2
Teams Co-ed									
239	Mary	Hennessey	Team CPR	Runner	0:38:05	0:50:00	0:22:26	1:50:31	1
239	David	Slyker	Team CPR	Biker	0:38:05	0:50:00	0:22:26	1:50:31	1
239	Kyle	VanPeursesem	Team CPR	Skier	0:38:05	0:50:00	0:22:26	1:50:31	1
235	Cydney	Reynolds	Margarelayville	Runner	0:32:08	1:14:05	0:27:57	2:14:10	2
235	Janis	Reynolds	Margarelayville	Biker	0:32:08	1:14:05	0:27:57	2:14:10	2
235	Chris	Reynolds	Margarelayville	Skier	0:32:08	1:14:05	0:27:57	2:14:10	2
229	Cassie	Acres	3.14159	Runner	0:36:38	1:08:22	0:47:20	2:32:20	3
229	Matt	Spence	3.14159	Biker	0:36:38	1:08:22	0:47:20	2:32:20	3
229	Theresa	Feighery	3.14159	Skier	0:36:38	1:08:22	0:47:20	2:32:20	3